

# POST HIGH SCHOOL CAREER SUPPORT CONTRACT

Dear Caregiver/Parent,

This contract is designed to create an open line of communication and clear expectations between you and your child regarding life together after they have graduated High School.

The goal is to help your child transition to living independently in a way that supports them as they learn and grow, while maintaining health family boundaries and clear expectations.

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▶ **You probably find yourself in one of two situations:**

**1** Your child is living in your home while attending College with no clear rules in place.

Expect the conversation to be a bit tougher here. They will feel you are setting the ground rules after the game has begun. Admit that you made a mistake (we all do) and that because you care about them and your relationship with them, that is why you are doing this.

**2** You have a child about to graduate from High School.

GOOD NEWS! There is no better time to set expectations and get on the same page than the present moment. During this exciting time of transition, this agreement will set the tone for the years to come.

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▶ **Edit the contract as needed to make it your own.**

Encourage your now adult child to ask questions. Be open and honest about the uncertainty and newness of this stage of life... and don't be afraid to share some laughs and even tears along the way!

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Career Track (applies to working full time or attending trade school):

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**1** I understand that I am welcome to live at home for a maximum period of \_\_\_\_\_ days, while preparing to live independently.

*Initial Here:* \_\_\_\_\_

**2** While living in your home I will behave like a guest. I will keep my space orderly while I am visiting and take everything with me when I leave.

*Initial Here:* \_\_\_\_\_

**3** I understand that I will be allowed to use the car, but that I am responsible for paying for routine maintenance, operating costs, insurance and repairs. I will take care of the vehicle well, as it is not my property, so that you will be inclined to let me continue to use it.

*Initial Here:* \_\_\_\_\_

**4** I understand that if for any reason (tickets, accidents, a DUI) your insurance company denies me coverage, I will need to obtain my own insurance. I also understand that you will only carry me on your car insurance policy until age \_\_\_\_\_.

*Initial Here:* \_\_\_\_\_

I understand that living at home is not a right – it is a privilege that can be taken away. I understand that any alcohol, drug or sexual activity will cause immediate termination of my privilege to live at home. I understand that you are still raising young impressionable children and I am expected to be a positive influence.

Signed \_\_\_\_\_ (Son/Daughter) Signed \_\_\_\_\_ (Parent) Date: \_\_\_\_\_

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