



# APRIL 2022 NEWSLETTER

## A LETTER FROM THE CHIEF EXECUTIVE OFFICER

Dear friend,

I've shared before how I sit in our direct care supervision once a week to stay close to our client stories. I also attend to keep a pulse on the incredibly rugged terrain our staff navigates every day in the messiest parts of people's journey towards healing.

With April as Child Abuse Prevention Month, I've been asking myself how can the average untrained professional on the street **actually** help prevent child abuse. Of course, you may have heard some basics like "if you see something, say something." Important, yes. But I want to go a step further.

To prevent child abuse, we must become **cycle breakers**. Repeatedly, as I listen to client stories, I hear about generational trauma. How a child in foster care had parents who were in foster care. How abusers were abused themselves in childhood. How youth are acting out sexually or with aggression as a result of what happened to them. How wounded helpers are the ones stepping up to care for hurting children, but many have never healed from their own trauma.

Our team is intent on healing family trees backwards. What do I mean? As we encounter these trends, we are helping people repair what is damaged from the

past. Bringing restoration to long-fractured relationships between an aging parent and client mom. Walking along side a relative caregiver who has never told anyone til now about the abuse and violence in her past experience. Teaching youth how the past doesn't define their worth and empowering them to live differently.

Wounds have to be acknowledged to be grieved. This is imperative for healing to occur.

**I am asking you to become a cycle breaker.**

You probably know or work with someone or even have a family member who has unhealed hurt. Lean into that vulnerable space. Being *seen and heard* can be a first step towards healing. And breaking the cycle.

I'm also asking you to **give** and become a cycle breaker here with us. This is deep, life-changing work we do everyday. And we can't do it without you.

Last year, we served **54%** more individuals than 2020. In Q1 of this year, we exceeded our census projection by 30%. We need the generosity of compassionate people like you to help fuel the work.

A gift of any size or recurrence is a blessing. (You can give below). I'm asking you to please become a cycle breaker with us today.

With gratitude,



**Jenni Lord | Chosen**  
Chief Executive Officer

## Family Resources to Share



**Scavenger Hunt Connection Checklist**



**5 Fun At-Home Activities to Build Connection**

Use our free printable scavenger hunt checklist and let the fun begin! This is perfect for inside or the backyard, for younger and older kids alike. After the hunt is over, enjoy a snack together, and open your bags to see what everyone collected.

[Free Resource >>](#)

Play can help kids build trust, manage emotions, reduce anxiety, and grow relationships. You can connect with your children anywhere—including your own home! Our Chosen staff has curated a list of their favorite stay-at-home activities.

[Read Blog >>](#)



Child Abuse  
**Prevention Month**  
—— April ——

April is Child Abuse Prevention Month. We are grateful impacting the lives of hurting children and families everyday! Join us in praying for children, youth caregivers, and cycle breakers everywhere.



## NONPROFIT SHOWCASE

How Tenacity, Determination, and Faith  
Drove The Will To Thrive.



Recently our CEO was asked to write a publication and share how Chosen more than doubled in size during the pandemic, as an encouragement to other leaders.

**Adversity can reveal beautiful treasures. It also breeds tremendous opportunity.** Read more of our pandemic story here..

[Full Article](#)

## Blue Sunday: April 24th

You and your faith community are invited to join us, as we pray for those who are victims of abuse and neglect, Blue Sunday Child Abuse Prevention is Sunday, April 24, a day to pray for the millions of victims and for those who care for them.





# **BLUE SUNDAY**

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## **CHILD ABUSE PREVENTION INITIATIVE**

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### Welcome Our New Board Additions!

#### **Danny McDonald**

Board Member



Danny is a father of two daughters with Down syndrome, including one adopted daughter from Lithuania.

He is passionate about helping people maximize their potential and providing a healthy, loving home to children who have experienced trauma.

#### **Matt Simon**

Board Member



Matt is a clinician by training and is currently serving as the Executive Director of a behavioral health facility for adolescents. Matt is beyond excited to help give back some of his time and knowledge to help grow the wonderful mission and services at Chosen!

# WILL YOU BE A CYCLE BREAKER?



**Give \$50**

Supports the purchase of therapy resources for children with significant trauma.

**Give \$250**

Covers the cost of initial family assessments, which give care managers a baseline for services.

**Give \$500**

Helps provide emergency support for parents in crisis.

**Make a gift. Help break the cycle.**

With your help families are  
#bettertogether



*connect with us*



**CH<sup>osen</sup>**  
HELPING CHILDREN | HEALING FAMILIES

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