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FEBRUARY 2022 NEWSLETTER

A LETTER FROM THE CHIEF EXECUTIVE OFFICER

Friends,

I've struggled to write this letter with the heaviness of so many recent child deaths and a senseless war raging. Our hearts grieve along side you.

Nevertheless, we press on. And I remember my "why."

My brother came into our family through foster care in 1995. And I've never been the same. I saw the harrowing journey of a child in the system up close & personal. I saw how children could fall through the cracks. \Box

I continue to hear stories from our staff or in the news about how children fall through the cracks. It is very difficult to see the same issues plague the system more than 25 years later. But my idealism and vision for a different reality fuels the fight.

I think, talk and write about system transformation a lot.

This is all part of my "why."

Why I wake up every day with an internal drive to affect change.

When we see a shift from primarily focusing on children's physical safety towards **child & family well-being**, we will see that transformation.

Family is sacred.

When we collectively work towards family preservation, strengthening and restoration, everyone wins. □ Our communities win. Strong families —> strong communities.

If you know a family who is struggling with the effects of trauma -- maybe a neighbor raising a grandchild, a mom of an adopted teen, or the foster family in your church -- please send them our way.

Let's be the change we want to see in the world - one child, one family at a time.

Best,



Jenni Lord | Chosen Chief Executive Officer

Family Resources to Share



I'm Sorry Tickets

It's not if you mess up as a parent, it's when. *What matters most is making the relationship right again.* How we respond to our children makes all the difference.



Food Fights? Try A Snack Box!

Many of us were raised in the "*clean-your-plate generation*." We ate three square meals a day and were trained not to complain about what was served.

Read Blog >>

Free Resource >>

2021 Impact Report

With your generous help, more than 1,700 lives were impacted last year. Don't miss this!





Chosen Prioritizes a Healthy Culture Shaped by Core Values

Our CEO was recently published in a national publication: "Healthy cultures can be innovative and overcome significant challenges to achieve results. Toxic cultures rob our teams of engagement, buy-in, and performance." To see transformation in our sector, we must prioritize healthy cultures.



Thriving Cultures Built Upon Core Values

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Join us in welcoming our newest staff members!

Anna Valdez TBRI® Practitioner, LPC-A Candidate Program Director Payton Barksdale MSW Candidate Care Manager



Anna Valdez is a Program Director at Chosen. She is bilingual and completing her MA in Mental Health Counseling, after more than 10 years in the field.



Payton is deeply dedicated to helping families understand the effect trauma has on the human body and how we react to the world around us.

Learn more about Anna here.

Learn more about Payton here.

Join us in welcoming our newest board advisor!

Brad Hallett Board Advisor



Brad is a financial planner at **PAX Financial** and commits his free time to volunteer service. Currently, he volunteers for the American Heart Association. He is excited to apply these skills and passions to helping vulnerable children & families.

Learn more about Brad <u>here.</u>

With your support families are

#bettertogether









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